

A forest tour in Nykøbing F. - Sønder Kohave 3.8 km

Sønder Kohave (1) the nearest forest to Nykøbing Falster is located one short kilometre from the Town Hall. In the old days, cows used to graze here and it was once the site of a well-visited dancing pavilion, but now it is a natural landscape for joggers and keep-fit enthusiasts.

You take Vesterskovvej and Østre Allé. Just after the entrance to the Zoo turn left towards the Folkedanserhuset (folk dancing hall), where there is a car park.

The Danish Heart Association has marked a route that starts at the little bridge and is signposted anticlockwise.

It is a delightful nature walk amongst a wide variety of tree species, which include some old oak trees that are around 200 years old. If you stay at the hostel or at the camping site then all this beautiful nature is just outside your door.

